

Zeitplan Sonntag, 17. Juli 2022 (Änderung 10.07.2022)

Uhrzeit	Männer	MJ U20 MJ U18	MJ U16	Frauen	WJ U20 WJ U18	WJ U16
09:00	4x100m ZL	4x100m ZL	4x100m ZL	4x100m ZL	4x100m ZL	4x100m ZL
09:15						
09:30	110m Hü ZL	110m Hü ZL				Weit 1+2
09:45				100m Hü ZL	100m Hü ZL	
10:00	Kugel	Kugel	80m Hü ZL	Speer	Speer	
10:15		<i>Kugel</i>		<i>Speer</i>		80m Hü ZL
10:30			Weit 1+2		<i>Speer</i>	
10:45	100m ZL			Kugel	Kugel	<i>Speer</i>
11:00		100m ZL	Speer		<i>Kugel</i>	Speer
11:15	Hoch	Hoch	<i>Speer</i>	100m ZL		<i>Kugel</i>
11:30					100m ZVL	
11:45	<i>Speer</i>	<i>Hoch</i>				100m ZVL
12:00			100m ZL			Kugel
12:15	Speer	Speer		Hoch	Hoch	
12:30			<i>Kugel</i>		<i>Hoch</i>	
12:45	<i>100m EL</i>	<i>100m EL</i>				
13:00	Weit 1	Weit 2	Kugel	<i>100m EL</i>	100m EL	100m EL
13:15			<i>100m EL</i>			
13:30	<i>Weit 1</i>	<i>Weit 2</i>				Hoch
13:45						<i>Hoch</i>
14:00				Weit 1	Weit 2	
14:15	200m ZL	200m ZL	Hoch	200m ZL	200mZL	
14:30				<i>200m ZL</i>	<i>200mZL</i>	
14:45			300m ZL			300m ZL
15:00						
15:15	400m ZL	400m ZL		400m ZL	400m ZL	
15:30				Drei		
15:45				800m ZL	800m ZL	800m ZL
16:00	800m ZL	800m ZL				<i>800m ZL</i>
16:15			800m ZL			
16:30				<i>800m ZL</i>	<i>800m ZL</i>	
16:45	<i>800m ZL</i>	<i>800m ZL</i>				
17:00						
17:15						
17:30						

Legende: ZL – Zeitläufe, ZVL – Zeitvorläufe, EL – Endlauf

Zeitplan nach Disziplinen:

Läufe

09:00	Staffeln 4x100 m
09:30	110m Hürden
09:45	100m Hürden
10:00/10:15	80m Hürden
10:45-12:00	100m Vorläufe/Zeitläufe
13:00	100m Endläufe
14:15	200m Zeitläufe
14:45	300m Zeitläufe
15:15	400m Zeitläufe
15:45-16:15	800m Zeitläufe

Hochsprung

11:15	Männer
11:15	MJ U20/U18
12:15	Frauen
12:15	WJ U20/U18
13:30	WJ U16
14:15	MJ U16

Weitsprung

	<u>Weit 1</u>	<u>Weit 2</u>
09:30	W15	W14
10:30	M15	M14
13:00	Männer	MJ U20/U18
14:00	Frauen	WJ U20/U18
15:45	Dreisprung	

Kugel

10:00	Männer
10:00	MJ U20/U18
10:45	Frauen
10:45	WJ U20/U18
12:00	WJ U16
13:00	MJ U16

Speer

10:00	Frauen
10:00	WJ U20/U18
11:00	WJ U16
11:00	MJ U16
12:15	Männer
12:15	MJ U20/U18